

# 5 Things Your Rat Wants You to Know

I love fresh veggies & fruit & sometimes even a crunchy bug!



I'm an omnivore so I need to eat healthy protein & fats as well as fibre

I am really smart so I can be trained & enjoy athletic challenges!



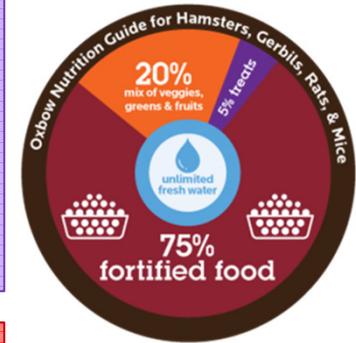
I'm social so I'd love to share my home with another rat friend

Please don't feed me mixes with nuts, seeds & dried fruit

# 5 Things Your Rat Wants You to Know



**Your rat is an omnivore** so he eats both plant & animal material. Most of a rat's diet should include a complete fortified food/ pellets with veggies, greens and fruits offered in appropriate daily amounts. Always ensure there is fresh water in both a sipper bottle and a tip-proof dish. This nutrition wheel is a great guide showing how much and what sorts of food should be fed to your rat. →



Did you know that **mixes with nuts & seeds are not good** for your rat? Rats tend to select those tempting bits over healthy food, and like humans, can overeat when bored. So it's important to provide healthy foods in proper amounts.

**Fresh vegetables, greens & fruits** are an important part of your rat's daily diet, as these offer important vitamins & nutrients, and also contribute hydration and enrichment to their daily routine.



**Rats are super smart and can be trained** to respond to their names, to fetch, to use a litter box & to even climb ropes! Choose a multi-level habitat with places to hide and play such as cardboard tubes, an exercise wheel, ropes and grass hay to burrow & nest.



Rats **enjoy socialisation** with both other rats & humans. Consider getting a de-sexed pair as companions. Rats need a cage with lots of space to play and burrow. Layer a solid bottomed cage (not wire) with soft bedding such Oxbow's Pure Comfort which is ultra absorbent and has minimal dust for your rat's sensitive respiratory system. Avoid cedar & pine shavings which can irritate his lungs & skin.

