



5 THINGS YOUR RAT WANTS YOU TO KNOW

**I'M AN OMNIVORE.
I NEED TO EAT PROTEIN,
FAT & FIBRE**

**PLEASE DON'T FEED ME
MIXES WITH NUTS, SEEDS
& DRIED FRUIT**

**I LOVE FRESH
VEGGIES & FRUIT,
EVEN A CRUNCHY
BUG TOO!**

**I AM REALLY SMART.
I CAN BE TRAINED & I ENJOY
ATHLETIC CHALLENGES**

**I'M SOCIAL &
WOULD LOVE TO
SHARE MY HOME
WITH ANOTHER
RAT FRIEND**



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Fresh vegetables and fruit are an important part of your rat's daily diet, as these offer vitamins & nutrients, and also keep them entertained.

Did you know that **mixes with nuts, seeds and dried fruit** are not good for your rat? Rats tend to select those tempting bits over healthy food, and like humans, can overeat when bored.



Your rat is an omnivore so they'll eat plants and animal material. A rat's diet should include an age appropriate Oxbow rat food, with mixed veggies and fruits offered daily. Always ensure there is fresh water in both a sipper bottle and a tip-proof dish.

Rats are super smart and can be trained to respond to their names, to fetch, to use a litter box & even to climb ropes! Choose a multi-level habitat with places to hide and play such as cardboard tubes, an exercise wheel, ropes, and grass hay to burrow and nest.



Rats **enjoy socialising** with other rats and humans. Consider getting a desexed pair as companions.